

Bib #	A.Fname	A.Lname	RaceTime	Chip Time	Gender	Age	Team/Town	Carradale	Ifferdale	Split 1	Split 2	Split 3
168	Connolly	Graham	04:49:03	04:49:00	M	38	Dumbarton	02:01:09	02:54:43	02:01:09	00:53:34	01:54:20
187	Muir	Lee	05:07:19	05:07:14	M	31	Broxburn	02:04:11	03:05:04	02:04:11	01:00:53	02:02:15
154	Terry	Martin	05:30:13	05:30:07	M	58	Colne	02:18:08	03:22:01	02:18:08	01:03:53	02:08:12
190	Elder	Callum	05:31:08	05:31:03	M	29	Glenfarg	02:14:04	03:19:19	02:14:04	01:05:15	02:11:49
155	Torrie	Eddie	05:31:34	05:31:30	M	50	Perth	02:16:09	03:19:02	02:16:09	01:02:53	02:12:32
139	Murray	John	05:36:09	05:36:05	M	43	Glasgow	02:17:50	03:21:36	02:17:50	01:03:46	02:14:33
173	Hollywood	Aron	05:37:31	05:37:19	M	25	Newry	02:14:01	03:19:15	02:14:01	01:05:14	02:18:16
160	Mccoll	Ally	05:40:39	05:40:36	M	38	Dumbarton	02:17:55	03:26:37	02:17:55	01:08:42	02:14:02
156	O'May	Alisdair	05:43:53	05:43:38	M	45	Campbeltown	02:25:31	03:32:24	02:25:31	01:06:53	02:11:29
177	Downie	Lucy	05:50:46	05:50:34	F	35	Oban	02:27:06	03:32:34	02:27:06	01:05:28	02:18:12
183	Blane	David	05:52:17	05:52:06	M	52	Stewarton	02:29:14	03:38:07	02:29:14	01:08:53	02:14:10
104	Wheeler	Mark	05:53:35	05:53:30	M	40	Hamilton	02:19:00	03:21:43	02:19:00	01:02:43	02:31:52
124	Cox	Alistair	05:55:17	05:55:09	M	39	Lanark	02:28:09	03:40:39	02:28:09	01:12:30	02:14:38
166	Campbell	Iain	05:56:05	05:55:56	M	50	Montrose	02:16:13	03:21:26	02:16:13	01:05:13	02:34:39
144	MacDonald	Laura	05:56:42	05:56:35	F	30	Larkhall	02:27:09	03:32:56	02:27:09	01:05:47	02:23:46
150	Watt	Fiona	05:59:07	05:59:00	F	39	Auchterarder	02:21:31	03:34:35	02:21:31	01:13:04	02:24:32
152	Smith	Simon	05:59:07	05:59:02	M	41	Auchterarder	02:21:29	03:34:35	02:21:29	01:13:06	02:24:32
174	Jackson	Daniel	06:00:28	06:00:22	M	46	Caernarfon	02:25:14	03:27:10	02:25:14	01:01:56	02:33:18
161	Keygnaert	Wim	06:07:01	06:06:52	M	47	Gent	02:25:45	03:38:02	02:25:45	01:12:17	02:28:59
198	McCallum	Alasdair	06:13:19	06:13:07	M	52	Largs	02:28:12	03:35:06	02:28:12	01:06:54	02:38:13
196	Craig	Kevin	06:15:48	06:15:41	M	40	Port Glasgow	02:18:34	03:33:20	02:18:34	01:14:46	02:42:28
184	McFarlane	Sean	06:23:12	06:23:06	M	44	Dollar	02:22:51	03:33:11	02:22:51	01:10:20	02:50:01
199	Arthur	Graham	06:24:42	06:24:37	M	70	Strathcarron	02:45:00	03:55:36	02:45:00	01:10:36	02:29:06
178	Dale	John	06:28:46	06:28:32	M	54	Ardrihaig	02:43:00	03:55:38	02:43:00	01:12:38	02:33:08
163	Preston	Richard	06:28:56	06:28:50	M	35	Alyth	02:36:17	03:48:29	02:36:17	01:12:12	02:40:27
111	Townson	David	06:28:56	06:28:43	M	52	London	02:37:35	03:50:31	02:37:35	01:12:56	02:38:25
171	Hill	Ralph	06:31:14	06:31:04	M	51	Campbeltown	02:28:43	03:49:33	02:28:43	01:20:50	02:41:41
146	Birch	Richard	06:33:06	06:32:51	M	37	Larkhall	02:28:40	03:49:43	02:28:40	01:21:03	02:43:23
105	Burnett	Kirsty	06:36:36	06:36:14	F	54	Tyndrum	02:41:06	03:59:14	02:41:06	01:18:08	02:37:22
176	Ferguson	David	06:39:43	06:39:30	M	45	Argyll	02:27:09	03:38:11	02:27:09	01:11:02	03:01:32
162	Macdonald	Euan	06:40:30	06:40:23	M	33	Larkhall	02:34:00	03:53:47	02:34:00	01:19:47	02:46:43
132	Woodrow	Robert	06:46:01	06:45:45	M	39	Oban	02:43:00	04:02:06	02:43:00	01:19:06	02:43:55
186	Blair	Michael	06:50:36	06:50:17	M	30	Glasgow	02:27:16	03:53:34	02:27:16	01:26:18	02:57:02
172	Douglas	Nigel	06:53:21	06:53:12	M	50	Harpenden	02:39:28	03:59:08	02:39:28	01:19:40	02:54:13
116	Sandler	Gordon	06:54:56	06:54:39	M	52	Kilmarnock	02:32:00	03:53:40	02:32:00	01:21:40	03:01:16
114	Leonard	David	06:56:25	06:56:12	M	36	Glasgow	02:43:00	04:06:12	02:43:00	01:23:12	02:50:13
112	Cooke	Paul	06:56:49	06:56:35	M	50	Glasgow	02:37:38	04:08:10	02:37:38	01:30:32	02:48:39

158	Hastie	Tony	06:59:07	06:58:48	M	49	Kilwinning	02:50:00	04:08:51	02:50:00	01:18:51	02:50:16
194	Thorburn	Ross	06:59:32	06:59:20	M	29	Glasgow	02:39:20	03:59:13	02:39:20	01:19:53	03:00:19
122	Brown	Laura	07:02:27	07:02:16	F	38	Manchester	02:40:42	04:14:35	02:40:42	01:33:53	02:47:52
123	Farr	Matthew	07:02:28	07:02:18	M	39	Manchester	02:40:39	04:14:40	02:40:39	01:34:01	02:47:48
175	Donnelly	John	07:04:24	07:04:14	M	54	East Kilbride	02:56:00	04:15:17	02:56:00	01:19:17	02:49:07
182	Harker	Mark	07:10:02	07:09:52	M	32	Sauchie	02:46:00	04:08:08	02:46:00	01:22:08	03:01:54
108	McLean	Grant	07:10:59	07:10:44	M	34	Glasgow	02:43:00	04:14:56	02:43:00	01:31:56	02:56:03
147	Jones	Sam	07:11:42	07:11:31	M	36	Stockport	02:39:28	03:59:33	02:39:28	01:20:05	03:12:09
101	O'Brien Temp	Kate	07:20:10	07:20:03	F	52	Johnstone	02:56:00	04:20:11	02:56:00	01:24:11	02:59:59
143	Ramsay	Robin	07:22:55	07:22:47	M	32	East kilbride	02:47:00	04:15:22	02:47:00	01:28:22	03:07:33
189	Tlerney	Mike	07:23:34	07:23:23	M	50	Linlithgow	02:56:00	04:20:24	02:56:00	01:24:24	03:03:10
135	Butler	Graham	07:24:55	07:24:42	M	65	Chippenham	02:44:00	04:11:51	02:44:00	01:27:51	03:13:04
164	Blake	Helen	07:26:50	07:26:31	F	38	London	02:48:00	04:24:45	02:48:00	01:36:45	03:02:05
109	Walker	Gerinta	07:32:58	07:32:47	F	39	Wishaw	02:59:00	04:37:06	02:59:00	01:38:06	02:55:52
185	Anderson	Sue	07:39:01	07:38:44	F	59	Glasgow	02:54:00	04:33:11	02:54:00	01:39:11	03:05:50
165	Grobler	Neil	07:39:01	07:38:41	M	35	London	02:48:00	04:25:28	02:48:00	01:37:28	03:13:33
170	Hughes	Malcolm	07:49:02	07:48:52	M	58	Linlithgow	02:52:00	04:33:16	02:52:00	01:41:16	03:15:46
142	Halewood	Bridget	08:07:27	08:07:14	F	52	dalmally	03:09:05	04:41:13	03:09:05	01:32:08	03:26:14
197	Laughton	Edward	08:09:00	08:08:43	M	72	Ardrishaig	02:56:00	04:45:52	02:56:00	01:49:52	03:23:08
133	Pearson	Hazel	08:09:15	08:09:06	F	54	York	03:03:00	04:48:07	03:03:00	01:45:07	03:21:08
167	Rickell	Imogen	08:14:07	08:13:52	F	57	Avoch	03:04:00	04:48:14	03:04:00	01:44:14	03:25:53
148	Kerr	Michael	08:14:09	08:13:59	M	34	Brechin	02:50:00	04:19:44	02:50:00	01:29:44	03:54:25
149	Carter	Oliver	08:14:09	08:14:00	M	49	Montrose	02:50:00	04:19:44	02:50:00	01:29:44	03:54:25
193	MacMillan	Craig	08:19:20	08:19:11	M	44	Alexandria	03:05:00	04:45:28	03:05:00	01:40:28	03:33:52
192	Jackson	Heather	08:19:20	08:19:12	F	42	Alexandria	03:05:00	04:45:30	03:05:00	01:40:30	03:33:50
117	Sandler	Jacqui	08:26:24	08:26:05	F	47	Kilmarnock	03:14:24	05:10:12	03:14:24	01:55:48	03:16:12
134	MacLean	Kevin	08:28:25	08:28:12	M	45	Isle of Islay	03:07:29	04:56:50	03:07:29	01:49:21	03:31:35
115	Snowden	Mark	08:29:21	08:29:15	M	51	cupar	03:07:33	04:57:00	03:07:33	01:49:27	03:32:21
141	van der Veld	Jelle	08:48:05	08:47:46	M	51	Jellum	02:58:00	04:52:17	02:58:00	01:54:17	03:55:48
140	Hornstra	Maaike	08:48:09	08:47:51	F	53	Jellum	02:58:00	04:52:17	02:58:00	01:54:17	03:55:52
110	Vallance	Pauline	09:03:58	09:03:41	F	59	Beith	03:20:54	05:23:29	03:20:54	02:02:35	03:40:29
179	Dowley	Nicholas	09:24:54	09:24:37	M	48	Glasgow	03:16:41	05:03:35	03:16:41	01:46:54	04:21:19
191	Blackett	Keith	09:24:57	09:24:41	M	53	Ostermundigen	03:15:09	05:03:55	03:15:09	01:48:46	04:21:02
145	Robinson	Judith	09:27:18	09:27:10	F	51	Rathfriland	03:21:01	05:24:17	03:21:01	02:03:16	04:03:01
127	Moul	Stephen	09:32:56	09:32:39	M	44	Glasgow	03:00:00	04:55:41	03:00:00	01:55:41	04:37:15
128	Newton	Jason	09:32:56	09:32:38	M	48	Stirling	02:59:00	04:55:50	02:59:00	01:56:50	04:37:06
126	Gibson	Derek	???	???	M	54	Lochgilphead	03:04:00	04:46:35	03:04:00	01:42:35	